



SINGAPORE PRISON SERVICE

Our Rehabilitation Approach



Studies have shown that successful reintegration in the long term depends on:



Stable employment



Positive prosocial networks



Personal motivation to seek help and contribute to society

Based on Desistance research, also important to focus on -

✓ Success factors that facilitate non-offending

✓ Opening up opportunities for individuals to overcome stigma in the community

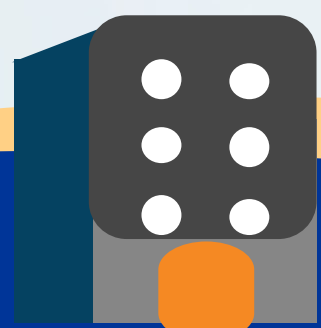
An Effective Rehabilitation System

Together with YRSG and our community partners, SPS has established a throughcare approach to rehabilitation

- Provide offenders with **opportunities to change** and motivate them to take ownership of their own change
- Provide **structured, step-down aftercare support** for smoother transition into community via community corrections



- Facilitate change through rehabilitation programmes that address offenders' **criminal or drug-seeking thinking patterns and behaviour**, and equip them with **better problem-solving skills**
- Involve families and the community to provide sustainable prosocial support during incarceration and upon release



Incare



Pre-Release



Aftercare & Reintegration

Continuous and coordinated efforts from incare to aftercare, addressing offenders' needs and building their human, social and community capital

Key Rehabilitative Interventions (Incare)



01

Psychology-based Correctional Programmes (PCP)

- Developed by SPS's Psychologists and Correctional Rehabilitation Specialists
- Based on correctional theories and knowledge
- Enhance inmates' motivation, attitudes and thinking



PCP topics

- Key topics include substance abuse, criminal thinking, sexual violence, and interpersonal violence

~3,100 inmates went through PCP in 2021



Work and education programmes

02

- Vocational programmes, skills training and education opportunities provided by SPS and YRSG
- Build inmate's human capital and develop workplace-positive attitudes and mindsets



Skills Training

- Equip inmates with nationally accredited skills
- Skills training include workplace literacy, employability skills, logistics, culinary arts, precision engineering, digital media and media production

Education

- GCE N(T), N(A), O and A Levels
- Selected NITEC, diploma and degree programmes

~5,000 inmates* undergo skills training each year

~500 inmates enrol to education programmes each year



03

Family-based programmes, and support for families

- Support for families via **Yellow Ribbon Community Project (YRCP)**
- Grassroots volunteers conduct home visits to render referral assistance and befriending support to children and families



- **Family bonding programmes** run by volunteer partners for inmates to strengthen relations with families
- SPS also provides **family-based programmes** for inmates to learn positive family skills
- Through **SPS-FSC collaboration**, families in need are referred to Family Service Centres (FSCs) for follow-up assistance



- All **93 grassroots divisions** on board, with about **1,100 volunteers**
- More than **16,000 families** served since YRCP's inception in 2010

Est. **4,000 inmates**[^] attend family-based programmes each year

*No. of unique inmates trained, based on figures from 2019 - 2021

[^]Estimated based on figures prior to COVID-19, from 2017 - 2019

Key Rehabilitative Interventions (Incare)



- Provide inmates with spiritual and emotional support
- SPS partners with **12 religious organisations** and **more than 1,400 volunteers**



04

Faith-based programmes and services



- **Various programmes and initiatives** run by about 40 volunteer agencies and 1,300 volunteers
- Programmes include befriending, financial literacy, support groups, interest-based activities etc
- Inculcate valuable skills and prosocial behaviour in inmates



05

Personal development initiatives

Key Rehabilitative Interventions (Pre-Release)



- **Throughcare Volunteer Framework (TVF)** where incare volunteers continue to befriend and provide prosocial support to inmates upon release



- **Befriending Programme** where volunteers build rapport with inmates and continue the friendship and support upon release



06

Prosocial initiatives



07



Release Preparation Programme

- Inmates equipped with essential skills and values for their release to the community

08



Job coaching and placement

- YRSG assists inmates to secure jobs prior to release
- About **3,000 inmates** assisted each year

09



Assistance and referral support from Family Resource Centre (FRC)

- Provide assistance to inmates and families in areas such as financial support and accommodation



Key Rehabilitative Interventions (Aftercare)

10

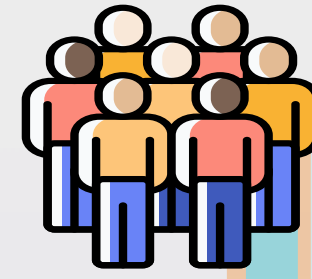


Community corrections

- **Community-based programmes** for inmates to serve tail-end of their sentence in community, e.g. Home Detention, Day Release and Halfway House schemes
- Individuals supported by **caseworkers, YRSG career coaches and SPS Reintegration Officers**, as well as **various community partners**, to transit back to community

In 2021, about **3,400 supervisees** underwent various community-based programmes and mandatory supervision programmes

11



Reintegration support

- **CARE Network and Yellow Ribbon Project** to further the rehabilitation cause and coordinate efforts
- Leverage on **wider networks and communities of support** involving various social service agencies, self-help groups



Yellow Ribbon PROJECT

Help Unlock the Second Prison

Launched in 2004, the Yellow Ribbon Project (YRP) is a national public engagement campaign aimed at changing society's mindset in giving ex-offenders a second chance. YRP's objectives are summarised in 3 'A's -



Acceptance

Create awareness of the need to give ex-offenders a second chance



Awareness

Generate acceptance of ex-offenders and their families



Action

Inspire community action to support the rehabilitation and reintegration of ex-offenders



Yellow Ribbon Fund

Set up in 2004 as a charitable fund to support ex-offenders and families

Over **\$25million** raised to provide financial assistance, residential support, education and family programmes



Examples of YRP events



Yellow Ribbon Prison Run



Yellow Ribbon Culinary Competition



Yellow Ribbon Community Art & Poetry Exhibition



Yellow Ribbon Songwriting Competition

*Public perception survey as at Dec 2021