

WORKING WITH THE MALAY/MUSLIM ORGANISATIONS TO REHABILITATE EX-OFFENDERS

Background

1. Rehabilitating ex-offenders is a key contributor to safety and security. If ex-offenders succeed in turning over a new leaf, they will be less likely to reoffend. To this end, the Ministry of Home Affairs (MHA) works with other public agencies, and community partners, to support inmates, ex-offenders, and their families on the rehabilitation journey. In addition to broad-based programmes that are available to all inmates and ex-offenders, MHA also works with communities to tailor programmes that can better reach out and address the needs of ex-offenders in their communities. This paper sets out how MHA works with the Malay/Muslim Organisations (“MMO”) and the outcomes so far.

Overview of Broad-based Programmes

2. **MHA has programmes to rehabilitate inmates and facilitate their reintegration into society from when they are incarcerated in prison (“incare”) to when they are out in the community (“aftercare”).** First, the Singapore Prison Service (“SPS”) provides psychology-based correctional programmes to address the behaviours that lead to criminal offending, and programmes to strengthen inmates' relations with their family. Together with Yellow Ribbon Singapore, SPS also provides vocational training and job placement programmes to facilitate employment after release. Second, to help inmates gradually reintegrate into society, suitable inmates are emplaced on Community-Based Programmes (“CBP”) towards the end of their sentence, where they serve the end portions of their sentence in the community. Third, the SPS works with community partners to run befriending programmes to help ex-offenders cope with the stressors they may face after release.

3. **MHA also works with other public agencies and community partners to prevent offending and reoffending, in recognition that many levers exist outside the criminal justice system.** One example is through the National Committee on Preventing Offending and Reoffending (“NCPR”). Set up in 2018, and currently co-chaired by Assoc Prof Muhammad Faishal Ibrahim, Minister of State, Ministry of Home Affairs & Ministry of National Development, and Mr Eric Chua, Senior Parliamentary Secretary, Ministry of Social and Family Development and Ministry of Culture, Community and Youth, the NCPR steers national efforts to reduce incidence of offending and reoffending. The NCPR comprises both government and non-governmental representatives, based on their domain expertise within the prevention/ reintegration landscape.

4. Most recently, an Inter-Ministry Committee (“IMC”) on Drug Prevention for Youths was formed to look into developing a whole-of-government response to the drug problem among youth, with a focus on drug prevention. The IMC is made up of MHA, MOE, MSF, MCCY, MCI, MINDEF, MOH, and the PA.

5. **MHA also has programmes to support inmates’ families.** Incarceration impacts both the incarcerated individuals and their family, so the Yellow Ribbon Community Project (“YRCP”) was set up to provide additional support for inmates’ families. Under the YRCP, trained grassroots volunteers visit the families of newly admitted inmates to render assistance, for example, linking the families to the relevant social support networks. Access to financial and social support systems helps to stabilise the families, and in turn helps the inmates to focus

on their rehabilitation, knowing that their families are being supported. YRCP started in 8 electoral divisions and with 78 volunteers. Today, YRCP has expanded to all 93 divisions in Singapore with more than 1,000 volunteers and has assisted more than 21,000 families since inception in 2010.

Culturally-nuanced Programmes

6. In addition to broad-based programmes, the MHA also works with community organisation to developed culturally-nuanced programmes to address the specific needs of inmates, ex-offenders, and their families, of the different races and religions. In this regard, SPS partners with **various religious organisations** to meet the spiritual and emotional needs of inmates from the different faiths. Some of the services provided by these organisations include congregational worship, weekly religious studies, motivational talks, and befriending support.

7. This paper will dive into the various culturally-nuanced programmes provided for the Malay/Muslim inmates, ex-offenders, and their families.

8. MHA works with MMOs and M³ to put in place culturally-nuanced programmes to better address the needs of Malay/Muslim inmates and ex-offenders, and to support their families. More details on M³ and the five focus areas are in **Annex A**. These programmes are summarized in the table below, with more details in the subsequent paragraphs.

Efforts and Initiatives to Prevent Offending and Reoffending, and to Support Families Impacted by Incarceration
1. Dadah Itu Haram Campaign
2. MMO Rehabilitation Network
3. Family and Inmates Throughcare Assistance Haven (FITRAH) Office
4. Family Excellence Circle (FEC) for families of offenders, by Yayasan Mendaki
5. SHIOK Series of Courses for inmates and ex-offenders
6. Yellow Ribbon Community Project (YRCP) – M ³ Collaboration

The Dadah Itu Haram Campaign

9. The Dadah Itu Haram (“DIH”) (translates as “Drugs Are Forbidden”) campaign was initiated by MHA in April 2017 to raise awareness within the Malay/Muslim community that drugs are forbidden in Islam. The campaign is led by the Central Narcotics Bureau (“CNB”), who works with MMOs to champion a lifestyle of living healthy and drug-free lives.

10. CNB also works with MUIS to spread the DIH message. Every year, in conjunction with the International Day Against Drug Abuse and Illicit Trafficking, the Office of Mufti will prepare a Friday Prayer sermon on the harms of drug abuse and reiterate the message that drugs are forbidden in Islam. A significant milestone was in 2021, when all mosques in Singapore pledged support for the DIH campaign.

11. To date, more than 140 events have been organised and over 200 volunteers and 300 organisations and businesses have stepped forward to support the cause.

MMO Rehabilitation Network

12. MHA works with MMOs to disseminate anti-drug messages, conduct rehabilitation programmes for inmates, and provide support to ex-offenders and their families. MHA recognises that each MMO has a breadth of knowledge, expertise, and experience in supporting inmates, ex-offenders, and their family. Thus, to better coordinate efforts amongst the MMOs and to provide a more holistic support to our beneficiaries, MHA launched the MMO Rehabilitation Network in November 2021, to bring together Government organisations, self-help groups, mosques, and social service agencies for a common purpose.

13. The network promotes capability building, for the individual MMOs and for the network as a whole, through sharing of best practices and tapping on each other's expertise. Joint outreach events, learning journeys, seminars, and sharing sessions were also organised to build familiarity among members.

14. The MMO Rehabilitation Network has catalysed new collaborations and partnerships amongst members to further strengthen and complement the support provided by the MMOs to the inmates, ex-offenders, and their family.

15. The list of programmes provided by the MMOs can be found in **Annex B**.

FITRAH

16. Prior to FITRAH, MUIS would appoint one specific mosque as the coordinating body to arrange for Islamic religious services (conducted by Religious Counsellors) to be conducted in prisons. FITRAH was established in November 2018 to provide a more coordinated and holistic support to inmates throughout their incarceration period, as well as their family.

17. Since its launch, FITRAH has developed a structured and values-centric religious programme for inmates. It also prepares Friday prayer sermons that are contextualised to the rehabilitation needs of the inmate. FITRAH conducts 30 Friday prayer sessions and 50 counselling sessions weekly.

18. FITRAH also started to provide befriending services to inmates and their family, and collaborated with Pelita to provide aftercare case management services for ex-offenders and their family.¹

19. Being part of MUIS, FITRAH has been able to galvanise the support of all mosques to provide support to inmates, ex-offenders, and their family, beyond providing zakat assistance.² Today, all mosques are familiar with FITRAH's work and would refer ex-offenders and their family to FITRAH for further support such as befriending services. This is in addition to the support already provided by the mosques.

20. Some mosques have also started to collaborate with FITRAH to provide specific programmes and assistance to inmates, ex-offenders, and their families. Some of these includes providing religious counselling to inmates and ex-offenders, conducting Quranic courses, and

¹ Pelita is an office under MUIS which provides case management support to Zakat beneficiaries and those under FITRAH's case management programme.

² Zakat is a religious fund contributed by the Muslim public to fund and support programmes meant for the poor and needy.

providing tattoo removal programme for ex-offenders. Some of these mosques have also started to send their Mosque Religious Officers (“MROs”) to prisons to conduct weekly Friday prayers.

21. Since 2019, FITRAH has collaborated with PERGAS to co-develop and co-deliver the Insan Mukmin Programme. The programme provides inmates with an in-depth religious knowledge while they are serving their sentence in prison, and continues when they are emplaced in the community.³ After their release, the ex-offenders are assigned a befriender to initiate the first steps towards joining pro-social and positive support networks and facilitating their participation in the various social activities organised by various mosques. The programme has been introduced to multiple prison institutions and more mosques have come forward to support the aftercare component of the programme.

FEC by Yayasan Mendaki

22. Mendaki extended and adapted its FEC programme to families impacted by incarceration by contextualising the curriculum to better meet the needs and challenges of such families.⁴ FEC provides a platform for the families to share their challenges and to provide support to one another. There are also facilitated group work sessions to build the families’ resilience and help them develop problem solving skills. The first run of FEC was conducted in 2019. Since then, 15 runs have been completed, benefitting more than 60 families.

SHIOK Series of Courses for inmates and ex-offenders⁵

23. Through the MMO Rehabilitation Network, MESRA has also introduced courses for residents in Jamiyah Halfway House, Pertapis Halfway House, Rise Above Halfway House, and to inmates residing at SPS’s Selarang Park Community Supervision Centre, to help them in their reintegration journey.

24. The courses include those that provide opportunities for upskilling and courses that improved their employability. A total of seven of such courses have been organised and more than 150 residents have benefitted from it.

YRCP-M³ Collaboration

25. The YRCP has also collaborated with M³ through FITRAH so that additional support by the various M³ agencies can be provided to Malay/Muslim families whose loved ones are incarcerated.

26. In addition, M³@Towns are also working with SPS to provide volunteering opportunities for ex-offenders. Such volunteering opportunities help expand the ex-offenders’

³ PERGAS (Singapore Islamic Scholars & Religious Teachers Association) is an NGO that looks at the quality of Islamic Education in Singapore and the welfare of the Islamic Religious Teachers.

⁴ Mendaki Family Excellence Circle (FEC) is a networking initiative that brings parents together in an informal setting. FEC provides parents with the opportunity to exchange knowledge, ideas, expertise, and best practices on parenting skills. Participants will also have access to recourses that empower and strengthen resilience in their families.

⁵ PA SHIOK Series is a series of customised courses, offering a diverse choice of programmes from health and wellness, to career and interest-based courses.

pro-social network and introduce them to various pro-social activities. These are key factors in helping ex-offenders desist from crime.

Outcomes

27. The collective and collaborative efforts of MHA, Government agencies, and the community partners have resulted in the following progress:

- a. Drop in the number of new Malay drug abusers. 291 Malay drug abusers were arrested in 2022 versus 568 in 2012; and
- b. Significant improvement in the Malay recidivism rate. The Malay recidivism rate for the 2020 release cohort was 24.7% versus 34.1% for the 2010 release cohort.

Conclusion

27. There is a diverse and comprehensive range of programmes and initiatives arising from the collaborative efforts between the Government, Malay/Muslim religious organisations, and the Malay/Muslim community to address the prevention of offending and reoffending within the Malay/Muslim community.

28. MHA will continue to work closely with the various community partners as we work towards improving the longer-term five-year recidivism rate and continue the fight against drug abuse amidst the increasingly challenging global drug situation.

DETAILS ON M³

M³ is a collaborative effort between three key community institutions – Islamic Religious Council of Singapore (MUIS), Yayasan Mendaki and MESRA. It aims to build a community of success for the Malay/Muslim community through five Focus Areas. The details of the five focus areas are as follows:

Focus Area	Details
Focus Area 1 – Marriage, Parenthood and Early Childhood Led by: Associate Professor Muhammad Faishal Ibrahim	This focus area aims to provide a continuum of care and support for Malay and Muslim couples and their families in the areas of marriage, parenting, and early childhood development.
Focus Area 2 – Vulnerable Individuals and Families Led by: Associate Professor Muhammad Faishal Ibrahim	In partnership with MHA, SPS, and community organisations, M ³ agencies provide holistic support for inmates, ex-offenders, as well as their families so that they will have opportunities for progress.
Focus Area 3 – Empowering and Mentoring Our Youths Led by: Mdm Rahayu Mahzam	Youths play a key part in the future of Singapore, and in the Malay/Muslim community. Focus Area 3 endeavours to prepare Malay/Muslim youths for what lies ahead, developing their strengths and capabilities through empowerment programmes that widen opportunities for various education and career pathways.
Focus Area 4 – Employment and Employability Led by: Mr Fahmi Aliman	This focus area aims to bridge Malay/Muslim workers’ abilities and prepare them for employment and employability opportunities. Through this focus area, M ³ aims to enhance the capability of Malay/Muslim workforce through skills upgrading and lifelong learning initiatives, thereby strengthening their resilience and ensuring their employability in the future.
Focus Area 5 – A Healthy Community for All Led by: Mdm Rahayu Mahzam	This focus area aims to rally the Malay/Muslim community in promoting healthy living lifestyles and empowering them to organise and scale community-led initiatives. The MOH and HPB work closely with M ³ agencies to support this initiative.

PROGRAMMES AND SERVICES BY MEMBERS FROM THE MMO REHABILITATION NETWORK

Children-Centric Programmes

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	4PM	Personal Development	Youth Edge 2.0	Youth EDGE 2.0 aims to empower children and youths to reduce intergenerational offending by catering to their needs and through curated developmental activities. Youths are assured a safe space to experience, develop and grow, in which they will continue and enrich others.	Children and youths of inmates / ex-offenders families, aged 7-18 years old
2	Majulah Community	Personal Development	Heroes League Programme for At-Risk Youths	<p>Many adolescents struggle to balance between fulfilling their personal needs and expectations of the world.</p> <p>Heroes League aims to develop them through this inner crisis by surrounding them with positive mentors. The key is to provide a safe haven for these students and motivate them to participate in more school-based activities that would instil a sense of pride and belonging.</p>	At-Risk Students/ Male & Female/ 13-16 years old
3	PBMUKS	Personal Development	#PARADIGMA	<p>Aims to empower youths-at-risk to become active members of society as well as to reach their full potential with the help of ex-offenders who serve as mentors to the youths.</p> <p>In addition, we strive to bring about a sustainable paradigm shift towards a more inclusive society for reintegration as well as challenge the present stereotypes and stigma towards youths-at-risk and ex-offenders.</p>	Youths-at-risk (13-21 years old) at Community Rehabilitation Centre (CRC)

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
4	Harun Ghani Education Fund (HGEF)	Financial Assistance	Harun Ghani Education Fund	<p>Financial assistance for inmates' families with school-going children.</p> <p>The objective is to motivate children of drug offenders and former drug offenders to complete a minimum post-secondary education through education awards.</p> <p>Aside from financial assistance, recipients and their families turn to HGEF for educational support and mentorship. A fair number of recipients also comes back as active volunteers providing assistance, feedback and ideas for HGEF events.</p>	Inmates' families with school-going children / youths (regardless of age)
	Assyakirin Mosque	Religious Education	Islamic Learning @Singapore Boys Home	<p>To spread Dakwah and guide the residents with Islamic ethics.</p> <p>To create awareness on Islamic Learning.</p> <p>To guide them with the right moral compass and provide them with problem solving skills.</p>	Singapore Boys' Home Residents
	En-Naeem Mosque	Religious Education	Religious Class in Singapore Girls Home	<p>To guide the girls in reading the Al-Quran and know the story of why it was revealed.</p> <p>To spread rahmah and manifest it through our action.</p> <p>To guide them with the right moral compass.</p>	Singapore Grils' Home Residents
	New Life Stories	Befriending Support	Family Strengthening Programme	The Befriending programme is put in place to provide reading and learning opportunities to children of incarcerated parents so that they can have a fairer start in life.	Children of inmates aged 3 to 12 years old

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<p>Learning Friends (volunteers) visit the children at their homes weekly to conduct pro-social and reading sessions through storytelling and befriending.</p> <p>Through our befriending programme:</p> <ul style="list-style-type: none"> • The children become motivated readers • Learners with self-confidence to start school and be on par with their classmates • Helps promote social mobility amongst the children of low-income families • Improves and develops emotional skills such as expressiveness, behaviour, receptiveness and reading ability. 	

Programme for Parents

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	Bapa Sepanjang Hayat	Personal Development	Involvement Consistency Awareness Nurturance (ICAN) Programme	The ICAN programme is designed to help fathers discover their fathering style as well as ways to build a close relationship with their children. Fathers will be introduced to a fathering instrument and will discover their fathering pattern.	Fathers or fathers to be
2	Bapa Sepanjang Hayat	Personal Development	Navigating Teenage Years	An interactive seminar for parenting teens. It provides parents with helpful developmental information on	Fathers or fathers to be

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				what teenagers need from them to build confidence and resilience.	
3	Bapa Sepanjang Hayat	Family Bonding	Breakfast with Dad	This workshop utilizes experiential learning methods to coach fathers to relate with their children. We do this in a way that appeals to their nature of being fun and active partners in parenting. CFF (BSH) creates an experience that is fun and impactful for both father and child.	Fathers or fathers to be
4	Syariah Court	Counselling Programme	Marriage Counselling Programme	<p>In 2018, the Marriage Counselling Programme (MCP) was made mandatory as a prescribed activity that must be attended by a Muslim married person within a prescribed time before he/she may file a divorce application.</p> <p>The MCP aims to save marriages. If reconciliation is not possible, the MCP counsellors will support the couples to work through their divorce amicably. For those with minor children below 21 years old, the MCP counsellors will engage the couples to consider their children's needs and well-being when making decisions. They will be equipped with co-parenting skills to reduce parental conflict, thus minimising the negative impact of divorce on children.</p>	Couples who are facing marital difficulties and/or contemplating divorce

Programme for Inmates

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	PERGAS	Incare Religious Programme	Insan Mukmin	<ul style="list-style-type: none"> To provide our Muslim inmates with the necessary skill sets of an Insan Mukmin. 	Muslim drug inmates

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<ul style="list-style-type: none"> • To support their reintegration back into the family circle and community. • To decrease their substance abuse needs and activities that are against the law with the newfound knowledge. 	
2	FITRAH	Incare Religious Programme	Incare Services	<ul style="list-style-type: none"> • Values-centric and structured in-care religious programme. • Deliver weekly customised Friday Prayer Sermons that are contextualised to the rehabilitation needs of the inmates. 	Muslim inmates
3	AMP	Incare Programme	Development & Reintegration Programme	<p>Aims to provide continuity of care and supervision to inmates throughout their time spent in prison and after they are released, via:</p> <ul style="list-style-type: none"> • Case management and family assistance services to ensure that their developmental needs are met; • Breaking the cycle of drug abuse and underprivileged environment; and • Filling the gap in the provision of seamless in-care and aftercare services. 	<p>Malay/Muslim male drug inmates and their families</p> <ul style="list-style-type: none"> • low risk – 1st and 2nd time offenders • preferably married with school-going children
4	PPIS	Incare Programme	Cut the Loneliness: Bridge Connection Group	This programme provides women inmates the holding space as they negotiate with their idea of selves, their addiction, their familial relationships, and their interaction with the larger systems – in their recovery and reintegration process.	Female Muslim drug inmates.

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
			Psychotherapy Programme for Women Ex-Offenders	<ul style="list-style-type: none"> • To promote healthy interaction patterns amongst women inmates and their families; • To acknowledge the role of addiction in the recovery process of women inmates; and • To facilitate access to community resources to increase social participation. 	
5	Pertapis Halfway House	Halfway Care	New Spice Up	New Spice Up Programme is Pertapis Halfway House's signature programme which consists of a series of life skills, developmental and family integration activities which aims to improve the individual's self-worth, rebuild family bonds and to reintegrate into society and to be a positive and contributing citizen.	Residents from Pertapis Halfway House
6	Pertapis Halfway House	Halfway Care	Bolstering Family and Friendship programme	A programme that aims to rebuild and strengthen the resident's family relationship.	Residents from Pertapis Halfway House
7	Pertapis Halfway House	Halfway Care	Residential Aftercare Support Programme	<p>Ex-offenders who do not have family support system encounters various adversities such as not able to acquire a roof over their head. A small number of residents of Pertapis Halfway House who have completed their Community Based Programme have nowhere to go and might fall back into their old habits, repeating the vicious cycle of drug addiction. This programme aims to:</p> <ul style="list-style-type: none"> • To provide temporary basic shelter to ex-residents and ex-offenders; 	Residents from Pertapis Halfway House

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<ul style="list-style-type: none"> • Treatment and rehabilitative services for substance abuse; • Empower ex-offenders with skills development tools for a seamless re-integration into society; • Provide employment opportunity by channelling them to PRESTige social enterprise; and • Secure job from community partners and relevant industries. 	
8	Pertapis Halfway House	Halfway Care	PERTAPIS Rehabilitative, Entrepreneurship and Training Initiative (PRESTige)	Prestige provides the platform for residents to acquire useful and relevant skills that would help them secure a job upon their release from the halfway house.	Residents from Pertapis Halfway House
9	Jamiyah Halfway House	Halfway Care	Art Therapy	A programme that provides residents with an avenue to express their emotional & psychological thoughts through Art.	Residents from Jamiyah Halfway House
10	Jamiyah Halfway House	Halfway Care	Father's Support Group	A programme that aims to guide residents to become positive & role model fathers. It is also a programme that aims to improve the resident's strained relationship, and save their marriage & family.	Residents from Jamiyah Halfway House
11	Jamiyah Halfway House	Halfway Care	MENTARI	<i>Mentari</i> , which means a new beginning and a new life story, provides participants with the opportunity to reflect, unlearn and relearn key areas of their lives, stemming from their involvement in undesirable activities.	Residents from Jamiyah Halfway House

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
12	Jamiyah Halfway House	Halfway Care	Project Happiness	Refurbish one low-income family's house during each the different festive periods. (CNY, Hari Raya, Deepavali & Christmas).	Residents from Jamiyah Halfway House

Programmes for Inmates' Families and Caregivers

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	Yayasan Mendaki	Personal Development	Family Excellence Circle (FEC)	<p>A support group for family members /caregivers of inmates or ex-offenders to network, share their challenges and best practices, whilst enhancing their capabilities and knowledge through the various learning opportunities provided.</p> <ul style="list-style-type: none"> • Provides a safe and non-judgmental environment where members are engaged in open communication and sharing of experiences. • Review and reframe the challenges faced as important life lessons that will prepare members for the present and future. • Identify and draw upon the strengths of the individual and the collective group to help realise their aspirations. 	Family members /caregivers of inmates or ex-offenders
2	Assyafaah Mosque	Personal Development	#bilanakgame	<p>A program to help the families of those who are incarcerated, through:</p> <ul style="list-style-type: none"> • Building better communication (Mindful of their words & Responsible of the chain reaction based on their action or approach engage). 	Family members /caregivers of inmates or ex-offenders

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<ul style="list-style-type: none"> • Building a Positive Engagement within Families ties (Sincerity & Willingness). 	
3	New Life Stories	Family Bonding	Family Strengthening Programme	<p>A programme for families that aims to:</p> <ul style="list-style-type: none"> • Improve protective factors to promote personal resilience, growth and prevent intergenerational incarceration; • Improve parent-child bond: experiencing and practicing new ways of communication; • Exercise choices through co-creation. Modelling listening, care, choice-making, and affirmation; • Reducing impact of ACES for children: psychosocial support (befriending, reading & play therapy); and • Build resilient families. 	Family members of incarcerated parents with at least one child aged between 3 to 12 years old.
4	FITRAH	Befriending Support	Family Befriending Services	<p>FITRAH develops a group of Family Befrienders who reaches out to families with incarcerated members and connect them to various social assistance available. The Family Befrienders will conduct home visits, identify the needs of these families, and offer necessary info-referrals.</p> <p>The family befriending services aims to:</p>	Family members /caregivers of offenders or ex-offenders

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<ul style="list-style-type: none"> • Connect the family to the community support services; • Provide social and emotional support to families impacted by incarceration of member; and • Ensure the families continue to function stably. 	

Programmes for Ex-Offenders

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	FITRAH	Befriending Support	Aftercare services to ex-offenders	<p>FITRAH develops a group of Inmate Befrienders who will journey with the ex-offenders as they reintegrate in the community upon their release.</p> <p>The befriending services aims to:</p> <ul style="list-style-type: none"> • Provide pro-social support to ex-offenders in the aftercare phase of reintegration; and • Connect ex-offenders to the community support services. 	Offenders or ex-offenders
2	FITRAH	Recovery Support Group	Support Group Services	<p>FITRAH partners with support groups to provide a support program of desistance for recovering drug users. Members attend weekly meetings to help one another maintain sobriety. The primary purpose of the group is to build strong support and help members remain completely abstinent from drugs.</p>	Ex-offenders (drugs)

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
3	Haji Mohd Salleh Mosque	Religious Programme	Engagement Programme for Transgender Ex-Offenders	<ul style="list-style-type: none"> • Pro-social and purposeful engagement of transgender ex-offenders to allow them to learn and better understand the religion and stay away from negative influences. • Provide transgender ex-offenders with a safe & comfortable place to learn about religion, supporting them mentally and emotionally with the joint assistance of Fitrah Befrienders. • Changing social attitudes so that transgender ex-offenders become accepted and valued as full members of the community. • For isolated Transgender, the opportunity to develop a new relationship with Asatizahs & Mosque Staffs and Volunteers. To participate in social and community activities. 	Ex-offenders
4	Muslim Counselling Service (MCS)	Religious Programme	Program YSI@MCS	<p>This program is designed to aid their rehabilitation journey towards redemption. It is also designed to build their self-confidence to reintegrate into society and contribute to its shared well-being. This is done through:</p> <ul style="list-style-type: none"> • Weekly religious classes related to the Quranic Principles: focus on rehabilitation and life journey; • Weekly group sharing sessions: focus on our clients' daily struggles and their solutions; 	Ex-offenders

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
				<ul style="list-style-type: none"> • Monthly Food Drive: focus on inculcating the spirit of contribution and boost their self-confidence; • Yearly Ramadhan Cheers: focus on the festive sharing and giving. Distribution of cash & Hari Raya cookies to our clients; • Yearly Umrah Part-Sponsorship: focus on self-discovery and their spiritual relationship with God; • Crisis Intervention: focus on solving issues faced by our clients in their life journey. <ul style="list-style-type: none"> ○ Counselling & solution-based intervention – Drug Addiction, Offending Behaviour & Social Issues • Social Outreach: focus on education, discussion and highlighting the social issues and offending trend faced by our Malay/Muslim community in Singapore. 	

General Programmes

S/N	MMO	Type of Programme	Programme Name	Programme Details	Target Audience
1	PA MESRA	Personal Development	SHIOK Series	SHIOK Series is a series of customised courses and programmes for the community by the community. The Series offers a diverse choice of courses and programmes, from health and wellness, to career, and	General community

				interest-based courses, ensuring there is something for everyone	
2	CNB	Preventive Drug Education	Dadah Itu Haram Campaign	<p>To create and sustain anti-drug awareness through co-creation of activities with partners through introduction of healthy alternative lifestyles and empowerment through sharing of knowledge to the intended audience.</p> <p>To empower volunteers to step forward and advocate the drug-free message to the Malay-Muslim community.</p>	<p>Organisations</p> <p>Individual volunteers</p>